

## WHO IS AN ADDICT?

Most of us do not have to think twice about this question. WE KNOW! Our whole life and thinking was centered in drugs in one form or another-the getting and using and finding ways and means to get more. We live to use and use to live. Very simply an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: Jails, Institutions, and Death.

NA is a nonprofit fellowship or society of men and woman for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used, or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that make our recovery possible.

1. We admitted we were powerless over our addiction, that our lives have become unmanageable.
2. We came to believe that a power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible except when to do so would injure them or others.
10. We continued to take a personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for the knowledge of His will for us and the power to carry it out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts and to practice these principles in all our affairs.

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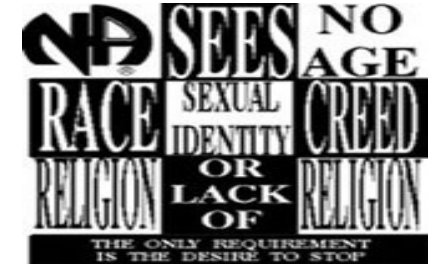
Dayton Area of Narcotics Anonymous  
PO Box 1052  
Dayton, OH 45401



Narcotics  
Anonymous

## Dayton Area Meetings Winter 2009/Spring 2009

(Revised February 2009)



## 24 Hour Hotlines

Dayton: (937) 833-NANA  
(937) 833-6262  
Cincinnati: (513) 820-2947  
Central Ohio: (614) 252-1700  
Ohio Toll Free: (800) 587-4232  
World Service Office  
(818) 773-9999

## Internet Sites

Ohio Region  
[www.naohio.org](http://www.naohio.org)

World Service Office  
[www.na.org](http://www.na.org)

Dayton Area  
[www.DASCNA.org](http://www.DASCNA.org)

Place  
Stamp  
Here



Narcotics Anonymous

The message is hope

## SUNDAY

**12:00 Noon** - "In the Heart of it All" – 1801 Attucks Pl., (DeSoto Bass Apts.), Dayton - CC, TD, O, 90 Min.

**3:00 pm** - "We Sought Help Group" - 1124 Germantown, Dayton - TD, NS, HC, O, 90 Min.

**4:30 pm** - "Gay Lesbians Addicts Determined (GLAD) to Live" - MCC Eternal Joy, 2382 Kennedy, Dayton - HC, NS, CC, 90 Min.

**6:00 pm** - "True Blue" Peace Lutheran Church, 3530 Dayton-Xenia Rd., Beavercreek - BT, IP, C, NS, 75 Min.

**6:00 pm** - "Experience, Strength & Hope" - Wesley Community Center - 3730 Delphos Ave., Dayton - S, NS, HC, 90 Min.

**8:30 pm** - "Serenity On Salem" - St. Andrews Church, 1060 Salem Ave., Dayton - TD, NS, 90 Min.

## MONDAY

**10:00 am** - "It Works: How and Why" - 1124 Germantown, Dayton - BT, C, NS, HC, 90 Min.

**12:00 Noon** - "Lost and Found" - 1124 Germantown, Dayton - HC, TD, NS, 90 Min

**5:30 pm** - "It Works How & Why: Steps & Traditions" - 1124 Germantown, Dayton - BT, C, NS, H&W SG, 90 Min.

**7:00 pm** - "Monday Miracles" - First Lutheran Church, 138 West 1st St., Dayton – O, S, NS, 90 Min.

**7:00 pm** - "Serenity Down South" - Centerville United Methodist, 63 E. Franklin, Centerville – No children, C, 90 Min.

**7:00 pm** - "Monday Nights of Hope" - Sabina Municipal Bldg., 101 N. Howard St., Sabina - TD, NS, O, 90 Min.

**7:30 pm** - "Miracle on Holt Street" – Dayton View Church, 441 Holt St., Dayton - CC, O, NS, 90 Min.

## TUESDAY

**10:00 am** - "Thank God I'm Clean" - St. Andrews Church - 1060 Salem Ave., Dayton - TD, NS, 90 Min.

**6:00 pm** - "Men's Dump it All" - 1124 Germantown St., Dayton, - TD, NS, HC, 90 Min.

**6:30 pm** - "VA 302 Group" - Dayton VA Medical Center, 4100 W. 3rd St., Bldg 302, 2nd floor, Dayton – C,TD, NS, HC, 90 Min.

**7:00 pm** - "Life's Terms on Tuesday" - St. Columbkille Catholic Church 73 N. Mulberry St., Wilmington - CC, NS, 75 Min.

**7:30 pm** - "Courage to Change" - Calvary Baptist Church, 2607 Gettysburg Ave., Dayton - TD, NS, 90 Min.

**8:00 pm** - "Tuesday Night Text Study" - United AME Church, 286 E. Church St., Xenia - BT, NS, HC, 90 Min.

**8:30 pm** - "New Alive Group" - St. Mark's Church - 456 Woodman Dr., (downstairs) - Dayton - TD, NS, 60 Min.

## WEDNESDAY

**10:00 am** - "Hope is Found Here" - (It Works How & Why Text Study) - 1124 Germantown St., Dayton - O, BT, NS, 90 Min.

**12:00 noon** - "The Message Group" – 1 Elizabeth Place (old entrance on Cincinnati St.) Dayton - O, BT, NS, HC, 60 Min.

**5:00 pm** - "NA Introductory Guide Study" - Setton Hall - 120 West Apple St., Dayton - O, NS, HC, 60 Min.

**6:00 pm** - "Surrender to Win" - Day-Mont Behavioral Health Care, 1520 Germantown St., Dayton - HC, O, BT, NS, 60 Min.

**6:00 pm** - "Wednesday Night Text Study" - 1124 Germantown St., Dayton - HC, O, BT, NS, 90 Min.

**6:30 pm** – "End of the Road Group" – United Community Brethren, 15 Hillcrest, Dayton – O, TC, 90 Min.

**6:30 pm** - "Primary Purpose" - Porter-Qualls Funeral Home - 547 East Main St., Xenia - OD, NS, HC, 90 Min.

**7:00 pm** - "WOW - Win on Wednesday" - Belmont United Methodist Church, 2701 S. Smithville, Dayton - C, BT, NS, 90 M

**7:30 pm** – "Atmosphere of Recovery" – Bellbrook United Methodist, 47 E. Franklin, Bellbrook – O, NS, RF, 75 Min.

**8:00 pm** - "Remember the First Step Newcomer's Group" - 1124 Germantown St., Dayton - HC, BT, NS, 90 Min.

## THURSDAY

**10:00 am** - "Thank God I'm Clean" - St. Andrew's Church, 1060 Salem Ave., Dayton - TD, O, NS, 90 Min.

**6:00 pm** - "Steps & Traditions Text Study" - 1124 Germantown St., Dayton - HC, O, BT, NS, 90 Min.

**7:30 pm** - "The Renaissance Group" - Bethal Baptist Church, 401 S. Paul L. Dunbar St., Dayton - TD, NS, 90 Min.

**7:00 pm** - "More is Being Revealed" - Fairmont Presbyterian Church, 3705 Far Hills, Kettering - C, H&W SG, NS, 90 Min.

**8:00 pm** - "Step Into Life" - Holy Family Church (in the basement), 140 S. Findlay St., Dayton - CC, SM, 90 Min.

## FRIDAY

**11:00 am** - "Friends of Jimmy K." - 1124 Germantown St., Dayton - HC, BT, NS, 90 Min.

**6:00 pm** - "Thank God It's Friday" - 1124 Germantown St., Dayton - HC, NS, TD, S, 90 Min.

**7:00 pm** - "Strive 2 Survive" - First Evangelical Lutheran Church, 287 W. Main St., Xenia - TD, NS, HC, 90 Min.

**7:00 pm** - "Freedom on Friday" - St. Columbkille Catholic Church, 73 N. Mulberry St., Wilmington - TD, O, NS, 90 Min.

**7:30 pm** - "Clean on Friday" - 196 Hawthorne St., Dayton - TD, NS, 90 Min.

**7:30 pm** - "Let's Rise Above It" - New Hope Lutheran Church, 2000 Catalpa Dr., Dayton - CC, C, TD, NS, HC, 90 Min.

**8:30 pm** - "Blinking Light Group" - St. Andrews Church, 350 S. Fairfield Rd., Beavercreek - TD, NS, O, HC, 60 Min.

**12:00 Midnight** - "Beginning a New Day" - New Hope Church, 2000 Catalpa Dr., Dayton - TD, HC, O, NS, 90 Min.

## SATURDAY

**11:00 am** - "Clean Just For Today" - 1124 Germantown St., Dayton - HC, TD, NS, 90 Min.

**1:00 pm** - "Women In Recovery" - 1124 Germantown St., Dayton - TD, WM, HC, NS, NS, 90 Min.

**6:30 pm** - "New Beginning Group" - New Hope Lutheran Church, 2000 Catalpa St., Dayton - CC, NS, 90 Min.

**7:00 pm** - "050 Surrender Group" - 1800 James H. McGee Blvd., Dayton - (Project Cure), Dayton - CC, HC, O, S, 90 Min.

**7:00 pm** - "Keep It Simple on Saturday" (KISS Group) - Good Shepherd Community Church, 2661 Harshman Rd., Huber Heights - HC, NS, O, TD, 60 Min.

**8:00 pm** - "Saturday Night Live" -United AME Church, 286 E. Church St., Xenia - CC, NS, HC, 90 Min.

**10:00 pm** - "Recovery on Germantown" - 1124 Germantown St., Dayton - HC, TD, NS, 90 Min.

## AREA SERVICE COMMITTEE

Contact Information  
(Dayton Area Service Committee of NA) - DASCNA  
DASCNA BUSINESS MEETING  
Wesley Community Center  
3730 Delphos Ave, Dayton  
Every 3rd Sunday @ 3:00 pm  
Revised FEBRUARY 2009

Chair - Steve F. -----	254-8678
Vice Chair - Willie M. -----	554-1684
Secretary - Penney A.. -----	912-5641
Vice Secretary - Scott E W. -----	554-1684
Treasurer - Steve H. -----	367-4999
Vice Treasurer - Lawrence N. -----	479-3955
Activities Chair - Craig L -----	301-6173
RCM - Chuck M. -----	974-1155
Public Relations Chair - Marilyn D. -----	694-2909
Phoneline Chair - Vicki F. -----	254-8678
Hospital & Institution Chair - Ben D. -----	241-8470
Convention Chair - George S. -----	321-6052
Webmaster for World - Helen K. -----	233-1225
DASCNA Webmaster - Steve H. -----	367-4999
DASCNA Webmaster Asst. Mgr. - Steve F. -----	254-8678

### MEETING CODES

**O:** Open to Public  
**C:** Closed (Addicts Only)  
**BT:** Bring Text  
**CC:** Chairman's Choice  
**MM:** Men's Meeting  
**WM:** Woman's Meeting  
**SM:** Smoking  
**NS:** Non-Smoking  
**TD:** Topic Discussion  
**S:** Speaker Meeting  
**HC:** Handicapped Access  
**H&W SG:** How & Whv Studv Guide

Literature Office  
1124 Germantown St.  
Dayton, OH  
937-532-6265  
Fri : 4:00-6:00 pm  
Sat: 3:30-6:00 pm  
Every 3rd Sunday  
after DASCNA meeting

IP: Informational Pamphlet  
RF: Rotating Format

### Names & Numbers:

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